

ACTIVATE with GlobalFit

GymNetwork 360™

Optimal health isn't just about being healthy physically. It's about a balanced approach that includes components designed to improve the health of the mind, body, and spirit. **GlobalFit's Gym Network 360** delivers an extensive wellness network that focuses on 5 key components: Exercise, Eating, Energize, Explore, and Education.



TO ACTIVATE, FOLLOW THESE THREE EASY STEPS:

Access exclusive GlobalFit member pricing on premier fitness and wellness programs.

1

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3

Welcome!

Going to a gym helps you stay focused and get inspired. It's a dedicated space where people of all shapes and sizes try a sweat! GlobalFit offers the guaranteed lowest rates to thousands of gyms. You can choose from major chains and community favorites.

Just activate your benefit to start saving today!

ACTIVATE YOUR BENEFIT
& START SAVING TODAY

ACTIVATE YOUR BENEFIT NOW!
ENROLL ONLINE OR CALL 1.800.294.1500

ALREADY A MEMBER? LOGIN ABOVE

QUICK ACTIVATION

Why activate your benefit?

- Gain access to our guaranteed lowest, members-only pricing
- Receive any applicable subsidy credit from your employer or insurer
- Receive members-only discounts and promotional offers

It takes just 30 seconds!

First Name:
Last Name:
Gender:
Zip Code:
Email (this will be your username):
Verify Email:

GYMS

A gym is a dedicated space where people of all shapes and sizes can find focus, get inspired, and of course, break a sweat!

GlobalFit offers the guaranteed lowest rates to thousands of gyms nationwide. Choose from major chains as well as community favorites.

Enter your zip/postal code below to find participating gyms near you!

5 Reasons to Get Fit with GlobalFit

1. **Savings!** GlobalFit's Lowest-Price Guarantee is offered on every gym membership.

2. **Choice.** Choose from thousands of gyms including national chains and local favorites.

3. **Convenience.** GlobalFit allows members the option to freeze memberships, transfer to other network gyms, and visit other gyms when traveling.

4. **Track.** Every month, tens of thousands of people save with GlobalFit, which has been helping employees get fit for over 20 years.

5. **No Hard Sell.** Browse gyms online, or call 1-800-294-1500 for friendly, no-pressure assistance.

Joining a gym can give you energy, help you look and feel great, and help you live a healthier life. GlobalFit makes it



Step 1 - Visit your custom landing page to access your GlobalFit offerings.

globalfit.com/convatec

Step 2 - Use the links at the top left of the screen to activate and set up your account. Complete the form to create a username and password. If you've already set up your account, enter your username and password to login.

Step 3 - Use the top navigation bar to view products and services available to you.

Learn more: www.globalfit.com | 800.294.1500

GlobalFit



EXERCISE

- Exclusive membership discounts at more than 9,000 gyms and specialty studios including top brands like LA Fitness, Anytime Fitness, Gold's Gym, and 24 Hour Fitness plus many local favorites
- Virtual fitness options from Les Mills Group Fitness On Demand and Zumba
- Tools to keep you on track with your fitness goals like Striiv wearable fitness trackers



EATING

- Discounts on top brands like Nutrisystem, Jenny Craig, Diet-to-Go, and Kurbo
- Special rates on vitamins, supplements, and other healthy food products
- A variety of meal plans and weight loss programs including fresh prepared meals, diet delivery options, and programs for the whole family



EDUCATION

- Resources to support your wellness journey
- Monthly GO Newsletter
- Health coaching programs for any healthy living goal from smoking cessation to stress reduction



ENERGIZE & EXPLORE

- Access to programs and products to help enhance your everyday living and total wellness
- The latest deals on your travel, vacations, and entertainment
- Exclusive pricing on spa services, concert tickets, electronics, restaurants, and more