



Confidential, free, expert assistance to help you make better informed healthcare decisions.

WE'RE HERE TO HELP:

- Answer your health insurance and healthcare questions
- Explain your coverage in plain language
- Help you find, choose, and schedule quality care
- Provide cost estimates
- Address billing, benefit, or claim concerns
- Save hours of your time

866-486-8242 • assist@touchcare.com

Connect to an Expert Health Assistant from 8 a.m. to 9 p.m. Monday through Friday (EST).

Learn more at touchcare.com or through the app.

Inhale. We've got this. Exhale

This material is for informational purposes only and is not an offer or invitation to contract. Terms and conditions may apply. Services are subject to change. TouchCare is not a provider of medical services.